Lecture on food adulteration at GHG College

HT Correspondent

LUDHIANA: Postgraduate department of chemistry, GHG Khalsa College, Gurusar Sadhar held a practical demonstration and a plenary lecture on 'Food Adulteration' conducted by food technologists (Retd) professor PAU Dr FC Shukla on Wednesday.

Dr Shukla explained various adulterants and gave a practical demonstration of finding various adulterants in food by common methods. Dr Shukla emphasised that by just knowing these simple tests one can check adulterants at home.

The lecture was attended by 150 students from MSc (Chemistry) and Bachelor of Vocation.
SEMINAR ON ORGANIC FARMING & BIO-DIVERSITY
Extension lecture on biodiversity at GHG Khalsa College

LUDHIANA: Biological Society of GHG Khalsa College, Gurusar Sadhar organised an extension lecture for BSc (Medical) students on Monday. SS Hundal professor and head of department of Zoology, PAU Ludhiana enlightened the students on the topic ‘Biodiversity in an Agro-ecosystem’. He discussed in detail how the climate change, pollution and crop pattern has affected the biodiversity. Many indigenous breeds of domestic animals and many species of birds, reptiles and mammals have been lost due to these factors. He sensitised the students about the dire need to conserve biodiversity.
GHG Khalsa students organise cleanliness drive

HT Correspondent

LUDHIANA: The National Service Scheme (NSS) girls of GHG Khalsa College organised a cleanliness drive to commemorate Prime Minister Narendra Modi’s Swachh Bharat Abhiyan.

The cleanliness drive was carried out to mark the birth anniversary of Guru Nanak Dev. Around 52 girls of different streams like B.Sc, BA and M.Sc participated in the drive under the initiative of prof Tarsem Singh and Anubhuti Modgil, and prof Sonia Ahuja.

College president Manjit Singh Gill, development director Varinder Kaur Thind, and principal SS Deol, were also present in the occasion.
VOTER AWARENESS SEMINAR
The NSS unit, comprising more than 200 boys and girls, of GHG Khalsa College organised a voter awareness campaign. The cadets pledged to perform their duty to the best of their spirits without any flaw and cast votes without any favoritism. The cadets were informed about the voting rights and how important it was to cast votes. Varinder Kaur Thind, Director Development, Principal SS Deol, programme officers Tarsen Singh, Sohan Singh, Anubhuti Modgil, and Sonia Ahuja were present.
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NSS camp concludes at Khalsa College

HT Correspondent

LUDHIANA: The seven-day National Service Scheme (NSS) camp at GHG Khalsa College, Gurusar Sadhar, concluded on Wednesday.

The camp was inaugurated under the supervision of principal SS Dhillon and NSS programme officers (girls and boys), on December 29. The organisers made it a point to start every session of the camp with God’s name and yoga, and the sessions used to be wrapped up with the singing of national anthem.

Various speakers from different streams came to this camp and informed the NSS volunteers about women empowerment, demonetisation and cashless economy, spiritual health, different ways of serving the society, culture and heritage, and the ill effects of drug abuse.

In order to inform the villagers, the NSS volunteers launched a campaign by holding a peace rally at Sadhar village. The campaign focused on the themes of ‘Save girl child’, ‘Save environment’, ‘Nasha bandi’ and ‘AIDS awareness’. In the village, a ‘nukkad natak’ (street play) was also performed on the theme ‘Narha Bandi and Dirty Politics’, that received positive reviews from the villagers.

Debate and poster-making competitions were also organised along with other camp activities. NSS volunteers took initiatives to clean Premjit Memorial Hospital campus, college campus, and the village area.
Aeromodelling training

Air wing cadets learn fundamentals of aeromodelling at a training session held at GHG Khalsa College, Gurusar Sadhar, in Ludhiana. TRIBUNE PHOTO

An aeromodelling training was imparted to air-wing cadets during the 10-day camp, held at Guru Hargobind Khalsa College, Gurusar Sadhar, Ludhiana. The camp was conducted under the command of Group Capton AC Sethi, Ludhiana. As many as 221 boys and 82 girls of junior wing participated in camp along with senior cadets. The Master Warrant Officer, Rupinder Singh, and Sergeant R.R Singh trained the cadets for upcoming ‘A’, ‘B’ and ‘C’ Certificate Exams. AMI Naresh Kumar provided knowledge on the ways to join the Indian Air Force and the significance of Aeromodelling in Indian Air Force.
ROAD SAFETY AWARENESS DRIVE
Started three months ago, water sports facility a hit among students

NURTURING FUTURE CHAMPS 74 students of colleges affiliated with Panjab University are being trained in three events – canoeing, kayaking and rowing – at the facility near GHG Khalsa College.

Amarpal Singh

LUDHIANA: The water sports facility, which was started at Abobhar Branch Canal by Panjab University (PU) in November, has become a hit among students of the state and city residents.

As many as 74 students of various PU affiliated colleges are being trained in three events – canoeing, kayaking and rowing – at the facility that is currently being managed by GHG Khalsa College, Gururaskar Sadhar. The athletes include 26 girls and 48 boys.

The facility was started as a similar water sport arena at Sukhnala Lake, which was started in 2001, had failed to attract players from Punjab, where most of the affiliated college of the university are situated.

Many players had complained that residing in Chandigarh was not financially viable.

After discussion the irrigation department of Punjab, a spot on Abobhar Branch Canal was trained are provided lodging in the hostels of GHG Khalsa College. After the hostel facilities are provided, if he/she does not know swimming, first it is

Students, faculty at Christian Medical College

Film on depression screened to sensitize
AWARENESS RALLY ON DRUGS & AIDS
WORKSHOP ON UTSHAH PROJECT
Workshop on psychological first aid at GHG Khalsa college

LUDHIANA: GHG Khalsa College, Gurusar Sadhar, conducted a workshop on ‘Psychological first aid’ in association with the department of Agri-Journalism, Languages and Culture, PAU under the ongoing national project on suicide prevention among farmers on Tuesday. Sarabjeet Singh, project director, provided training to volunteers regarding peer support and diagnosis of suicidal tendencies in farmers by listening to their problems and seeking continuous feedback. Of the 40 public support volunteers who participated, 23 were selected for further training in preventing pessimism and other contributing factors in farmers' suicides.
Psychological workshop held

Ludhiana: The GHG Khalsa College, Gurusar Sadhar, conducted a workshop on ‘Psychological First Aid’ in association with the team of experts from the Department of Agri-Journalism, Languages and Culture, PAU Ludhiana. Dr Sarabjeet Singh, Director of the Project, provided the prime training to the volunteers regarding peer support diagnosis of suicidal tendencies in farmers through creation of contact with them.
Lecture on declining bird population at GHG Khalsa College

LUDHIANA: An extension lecture on declining bird population was organised at GHG Khalsa College, Gurusar Sadhar, on Saturday, Punjab Agricultural University (PAU) senior ornithologist Tejdeep Kler was the resource person of the lecture. During the session, Kler educated the participants about bird biodiversity, emphasising on extinction. Kler also sensitised the participants about conservation. Principal SS Deol thanked the speaker and asked the students to conserve environment. The students thanked their teachers and college authorities for arranging the session.
QUIZ COMPETITION ON COMMERCE ADMINISTRATION
GHO Khalsa students observe Consumer Rights Day

LUDHIANA: The postgraduate department of commerce and management GHO Khalsa College, Gurusar Sadhar, celebrated the World Consumer Rights Day on Thursday. Prof Anubhuti Modgil apprised the students of the history of the event and Prof Aarti Sharma enlightened them on practical aspects of the Consumer Protection Act. MCom student Harpreet Singh discussed various case studies related to the act. BCom students Ramon and Ishita shared their views on different consumer rights and various consumer duties. Meanwhile, students of BSc classes participated in a physics quiz, wherein renowned prof in solid state physics from the Punjab Agricultural University Parmjit Singh Tarsikka delivered a lecture on basics of solid state physics.
SWORN AGAINST DRUGS ABUSE
AWARENESS REGARDING SMALL SAVINGS
NATIONAL SEMINAR ON 'GADAR MOVEMENT, IDEOLOGY, LITERATURE & HISTORY'
NEWS REGARDING INTERNATIONAL SPORTS FACILITIES AT THE COLLEGE
CELEBRATING WORLD ENVIRONMENT DAY
सच कबीर एकटी में पदवीय दिवस मनाया गया। प्लास्टिक का इस्तेमाल
न करने की अपील की।

पर्यावरण में रहेगी हरियाली, तभी होगी जीवन में खुशहाली।

कृत्रिम और अकृत्रिम वनों के निर्माण के लिए प्रयास किए जाएं।
NCC cadets of GHG College, Gurusar Sadhar, during a cleanliness drive in Ludhiana.

CLEANLINESS DRIVE AT GHG COLLEGE

LUDHIANA: National Cadet Corps (NCC) wing of GHG Khalsa College, Gurusar Sadhar, took out a cleanliness drive to mark four years of the commemoration of Swachh Bharat Abhiyan on Thursday. With the motto of ‘Swachhta hi Sewa’, the cadets of 3 Pb Girls (NCC), Ludhiana, designed posters to create awareness about cleanliness. They collected plastic waste littered along the highway. The cadets cleaned the areas nearby S Premjit Memorial Community Health Centre and the memorial statue of Premjit Singh.
SANT SEECHAYWAL ON 'ENVIRONMENT & FARMER'S SUICIDE'
AWARENESS PROGRAMME REGARDING 'SOCIAL EVILS' BY RED RIBBON CLUB
AWARENESS RALLY AGAINST DRUGS & AIDS
SEMINAR ON FARMER'S SUICIDE
AGRARIAN CRISIS DISCUSSED AT GHG KHALSA COLLEGE

LUDHIANA: The deepening agrarian crisis and its catastrophic impact were discussed at a national-level seminar on 'Peasantry in Colonial and Post-Colonial Punjab' at GHG Khalsa College, Gurusar Sadhar, on Sunday. Economist Sucha Singh Gill threw light on the contributing factors from the past that led to the death of the peasantry as the economies transcended towards industrialisation. He pointed out that it just takes one generation for the peasantry to fade away. The agrarian crisis should not be confined to farmers alone and it should include farm labourers and rural artisans. He suggested a cooperative effort and a strong pro-peasant leadership to break the vicious cycle. Former minority commission chairman Harbhajan Singh Deol urged the present society to learn from the past.
NSS CAMP ON 'CLEAN INDIA GREEN INDIA'
Surgeons from US hold dental camp

LUDHIANA, DECEMBER 27:
A free dental check-up and awareness camp was organised at the Premjit Memorial Community Health Centre by the GHG Khalsa College, Gurussar Sadhar, today.

This is for the first time in my life when my family received proper dental care. We are really thankful to the US-based dentists.

ROSHAN KUMAR, a patient

More than 150 patients were examined by a team comprising dental surgeons, paramedical staff and students from the United States of America. The camp was inaugurated by Mohinder Kaur Gill.

The team led by Dr Jasleen Kaur performed tooth extractions, fillings, preventative and emergency services on the patients. Dr Jasleen donated a steam autoclave and ultrasonic scaler for hygiene and sterilisation purpose to the community centre as well.

“It is very fulfilling to come back and serve the community. Our team looks forward to make it a regular practice,” said Dr Jasleen.

“Educating families and children on basic dental hygiene and care, solidified my interest in dentistry,” said Avrita Brar, a student.

The patients who attended the camp appreciated the efforts US-based doctors who call all the way to create awareness regarding oral hygiene.

“This is for the first time in my life when my family received proper dental care. We are really thankful to the US-based dentists,” said Roshan Kumar, a patient.

Dr Rajambir Thind and Dr Gurpreet Kaur, local dentists, said they were looking forward to collaborate with Dr Jasleen and her team.

“This international team of dentists, dental assistants, hygienists and students is dedicated to serve residents of Sadhar area,” said Dr Thind.

Manjit Singh Gill, president, Governing Council of GHG Khalsa College; former PAU professors Dr SS Thind, Dr DS Dhillon, Manjit Singh Khatta, IS Singha, social activist Tarlochan Singh Sanghera, HS Brar and college Principal SS Deol, among others were also present on the occasion.
The NCC cadets of GHG Khalsa College stage a nukkad natak in Ludhiana on Thursday. TRIBUNE PHOTO

The NCC cadets of GHG Khalsa College, Gurusar Sadhar, belonging to 3 Punjab Girls Battalion NCC, Ludhiana, conducted an awareness drive on pollution and population by organising a seminar and staging a nukkad natak. Cadets Ravinder Kaur and Jasnoor Singh touched various aspects of the issues and suggested practical solutions to tackle the same. TNS
GHG Khalsa College conducts seminar on pollution

LUDHIANA: The NCC cadets of GHG Khalsa College, Gurusan Sadhar, organised a seminar on Thursday. The aim was to highlight the problems of pollution and population. A street play to mark the World Population Day was also staged. Head of the department of Chemistry SK Gupta was the resource person who spoke on ozone layer depletion and increasing dependence on air conditioners. Cadets Ravinder Kaur and Jasnoor Singh suggested ways to tackle the issues of pollution and population.

Students performing a street play, highlighting the problems of pollution and population, at GHG Khalsa College, Gurusan Sadhar, in Ludhiana on Thursday.
AWARENESS SEMINAR ON PROBLEMS OF POPULATION & POLLUTION
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**AWARENESS SEMINAR ON PROBLEMS OF POPULATION & POLLUTION**
The NCC cadets of GHG Khalsa College, Gurusar Sadhar, belonging to 3 Punjab Girls Battalion, held an awareness drive and organized a seminar and ‘nukkad natak’ performance highlighting the twin problems of pollution and population. Chemistry HOD Prof S.K. Gupta threw light on the issues like ozone layer depletion, increasing dependence on air-conditioning, mobile pollution etc. while Hindi HOD Dr Rajinder Singh linked the issue of pollution to exponential growth in population. Cadets Ravinder Kaur and Jasnoor Singh touched various aspects of the issues and suggested practical solutions to tackle the problem. The cadets then performed a nukkad natak spreading awareness on the occasion of World Population Day.
STREET PLAY TO AWARE REGARDING PROBLEMS OF POPULATION & POLLUTION
The Biology Society of GHG Khalsa College, Gurusar Sadhar, organised an extension lecture on 'Local Environmental Issues and Community Participation'. Guest speaker Charan Kumar, associate professor of AS College Khanna, discussed in detail various environmental issues like solid waste, bio-diversity, excessive use of pesticides, deforestation, and their impact on human health. He inspired the students by showing his self-designed low-cost hydroponic unit, and encouraged them to start their own kitchen garden, using organic manure. He practically demonstrated methods for indoor seed germination and growing of healthy plants using a nutrient solution prepared from vermicompost. Principal Jaswant Singh presented a vote of thanks and congratulated the Department of Zoology for organising the event.
BLOOD DONATION & MEDICAL CHECK-UP CAMP ON FOUNDER'S DAY
FOUNDER'S DAY CELEBRATION
SEMINAR ON WOMEN & HANDICAPPED PERSONS
EXCELLENT PRESENTATION BY NCC CADETS
PARTICIPATION OF STUDENTS IN NCC CAMP

विद्यार्थियों ने एनसीसी कैंप में लिया भाग...

लड़कियों के लिए एनसीसी कैंप जीएफजी खासकर कलेज मुन्नास सुधार में संयुक्त गया। इस कैंप में रॉयल हीरो पीसी खड़क, स्वामी गंगा मिर्जा अनजं गणेश कलेज से राजमोहन० और और खासकर कलेज सुधार के विद्यार्थियों ने भाग लिया। कैंप का उद्घाटन सकर अनन्त वाद ने किया। कैंप में सांस्कृतिक महत्वपूर्ण, खेल और एनसीसी के बारे में जानकारी थी। कैंप के प्रमुख डा. मनोहर और कैंप प्रशासक और रिलायम अनिता रुद्रे ने लड़कियों को इस क्षेत्र में अपने पहचान को प्रदर्शित किया।

*आलोचना*
STUDENTS OF JATINDRA GREENFIELD PARTICIPATED IN NCC CAMP AT THE COLLEGE CAMPUS
PUNJAB POLICE TRAINING CAMP IN COLLEGE