

# ZING N ZEAL BROCHURE

ESTD. 1948

# G.H.G. KHALSA COLLEGE

Affiliated to Panjab University Chandigarh

GURUSAR SADHAR, LUDHIANA [PUNJAB] - 141104.

[www.ghgcollegesadhar.org](http://www.ghgcollegesadhar.org)



A Multi-faculty, Co-educational Institution

The Principals  
All schools

**Subject: Zing 'n' Zeal - 2022- An Inter-school Multi-Talent Show: Invitation**

Dear Sir/Madam,

Reading books can help enhance one's degree of knowledge, but knowledge's utility is found in its application. An engineer cannot build a fighter jet solely by reading books; he or she must improve their "skills" in order to do so. In all professions and jobs, this is true. As a result, it's critical to encourage pupils to focus on various aspects of their personality. To engage students in creative and logical thinking, we are hosting this event so that your children can participate in a variety of academic, literary, technical, creative arts, and cultural events in order to help them develop the necessary abilities.

**DATE OF THE EVENT - 14 OCTOBER 2022, FRIDAY**

Kindly find attached a confirmation of participation proforma also to send your entries.

We are confident that the children will gain valuable experience by participating and competing in various competitions, since they have been invited from a variety of schools. The students will be well served with so many rewards and medals to compete for. We'll make sure the students are released at 2.30 p.m.

The campus, just 20 minute drive from Ludhiana, is at situated on Ludhiana-Mullanpur-Raikot Road and is easily approachable by public bus service also.

**Certificates to last session winners and participants will also be given as it was held online.**

The details are also available on our institute website [www.ghgcollegesadhar.org](http://www.ghgcollegesadhar.org). For more inquiries, you may kindly contact at Prof. Inderjit Singh (Ph. 9501032805), Dr. SK Gupta (Ph. 9501028287), Dr. Rajinder Sahil (Ph. 9417276271) and confirm your participation by sending an email at [ghgkcs@gmail.com](mailto:ghgkcs@gmail.com)

Looking forward to the enthusiastic participation of your team,  
Thanks and Regards

Dr. Harpreet Singh  
Principal

ESTD. 1948

# G.H.G. KHALSA COLLEGE

Affiliated to Panjab University Chandigarh

GURUSAR SADHAR, LUDHIANA [PUNJAB] - 141104.

www.ghgcollegesadhar.org



A Multi-faculty, Co-educational Institution

## ZING 'n' ZEAL

### INTER-SCHOOL MULTI-TALENT CONTEST

14 OCTOBER 2022, FRIDAY

#### GUIDELINES

- Each Entry must be approved by respective director/ principal or competent authority.
  - Participant must carry valid I-Card.
  - **LAST DATE TO CONFIRM PARTICIPATION: 10 OCTOBER 2022**
- WHO CAN PARTICIPATE**  
**Schools:** Students from 9<sup>h</sup> to 12<sup>th</sup> class  
**THERE IS NO PARTICIPATION FEE.**
- Kindly be punctual (mostly parallel running events). There will be no changes to the schedule to accommodate participation.
  - Only two teachers are allowed to accompany their school contingent as in-charge of discipline.
  - Only students who are presently enrolled are permitted.
  - Any act of indiscipline or disobedience will result in the participant(s) or entire group being disqualified.
  - A variety of eatables will be available on payment for the visitors. Any participant or teacher will not be paid TA/DA.
  - In all cases, the judges' decision will be final and binding. If the judges so want, the rules can be modified on the spot.
  - All entries must be submitted in advance and in the prescribed format. On-the-spot entries may not be accepted.

LINK FOR, PARTICIPANTION REGISTRATION,

**Registration of Teams : 9 am to 9.30 am**  
**ALL EVENTS WILL RUN PARALLEL (10 AM ONWARDS).**

For more inquiries, you may kindly contact Prof. Inderjit Singh (Ph. 9501032805),  
Dr. SK Gupta (Ph. 9501028287), Dr. Rajinder Sahil (Ph. 9417276271)

## EVENT RULES

### HANDWRITING

*Handwriting is an expression from the heart!*

- Time allowed: 60 Minutes, Words Limit: 100 (approx.)
- A paragraph will be given to rewrite. Language can be chosen (English/Hindi/Punjabi). The prizes will be individual.
- Maximum 2 students for each language from each institution. Every entry will be considered individually.

### DASTAR – E-SHAAN (Turban Tying)

*Pride is visible on my head!*

- Time allowed: 30 Minutes
- The participants will bring their own mirror etc.
- Maximum 3 students per institution are permissible.

### ONE PICTURE-MY STORY

*I can 'see' a story too!*

- There will be a visual image displayed. Time limit: 60 minutes; word limit: 500-750 words
- Students will be instructed to write a story based on the image.
- The decision will be made based on the criteria viz. thinking style, language command, concept expression, inventiveness, and so on.
- The story can be written in any language by the participant (English, Punjabi or Hindi).
- Maximum Participation per institution: three students. Each entry will be evaluated individually.

### EXTEMPORE'

*I can speak what my heart says!*

- Extempore is limited to two students per institution. Each entry will be evaluated on its own merits.
- An on-the-spot topic will be presented, which will be of a very generic type.
- Each participant will have two minutes to talk on the topic; a warning bell will sound after one and a half minutes. Participants will be disqualified if their time surpasses 2 minutes.
- The participant is free to speak in any language (English, Punjabi or Hindi).
- Participants will be graded on their fluency, inventiveness, and speech consistency, among other things.
- If necessary, preliminary exams will be held.

### POSTER MAKING

*All colours will agree in the dark!*

- Each institution is limited to four individual entries, and the theme will be provided on the spot.
- Extra material pasted on the board will not be tolerated.
- Participants are responsible for their own materials (standard size chart (56 x 36 sq. cm), pencils, colours, erasers, boards, colours, and so on.)
- There is a 60-minute time limit.

### CARTOONING

*I could not see unpleasant cartooning world!*

- Each institution may submit a maximum of four entries. Each entry will be evaluated on its own merits.
- The topic will be the 'Happiness is personal choice'.
- Participants will bring their own drawing sheet, pencils, rubbers, boards, and other materials (standard size chart (56 x 36 sq. cm), pencils, colours, erasers, boards, colours, and other materials).
- There is a 60-minute time limit

### MEHNDI

*Not everything darker is hated!*

- Maximum four *individual* entries per institution are allowed. One accompanying student is allowed whose one hand upto forearm on one or both sides will be used for applying Mehndi.
- Use of tattoos is prohibited.
- Any design / booklet/ template or helping material in designing is not allowed.
- Participants will have to bring their own material like mehndi etc.
- Time allowed is **60 minutes**.

### FACE PAINTING

*Face can be a canvas!*

- One team will comprise of two members viz. an artist and an accompanying student whose face is to be painted. Maximum four teams of 2 students each per institution are allowed.
- Theme has to be decided by the participants.
- Participants will bring their own material like colors and brushes.
- Time allowed is **90 minutes**.

### FOLK SONG (SOLO)

*I get respected and loved too, when I sing!*

- One entry per institution each is allowed.
- Only three accompanists (musicians) are allowed. The participants can also bring recorded CD of music.
- Song may be based on any culture and language. Filmy/movie/commercial songs are not allowed. Only traditional folk songs are allowed.
- The participation will be considered disqualified if it exceeds 5 minutes.

### DANCING (SOLO)

*See the music and hear the dance!*

- One entry per institution each is allowed
- Must be appropriately dressed for category he/she is dancing in.
- Time limit – maximum 5 minutes
- Each entry must furnish their music on a high quality CD/pen-drive.
- Any decent form of dance is allowed.

### GROUP DANCE

*Everyone has a rhythmic footloose!*

- One entry per institution is allowed. (2-10

members per group).

- Must be appropriately dressed up.
- Time limit – 5-10 minutes
- Each entry must furnish their music on a high pen drive.
- Any decent form of dance is allowed.

### **BEAUTY OF NATURE (FLOWER ARRANGEMENT)**

*Happiness can be arranged!*

- Three teams comprising maximum two members per institution are allowed.
- Time allowed is **60 minutes**.
- Theme can be decided by participants.
- Participants will bring their own material.
- The flowers should be either **fully fresh or fully artificial**.

### **WORKING MODEL DISPLAY**

*Creativity- It's important only if it works!*

- 3 teams (three students per team) per institution allowed
- They will bring their activity models (may be already prepared). The students should be able to explain the concept.
- There is no binding on type of model.

### **YOUNG RESEARCHERS (PAPER READING CONTEST)**

*Researchers are not always nerds!*

- The participant will read out from the article on the given theme. The neatly hand-written/typed write-up must have verified facts and figures. Write up will be submitted to judges in the beginning.
- Theme is "Role of Technology in Education".
- Time allowed is **3-5 minutes**.
- Maximum Two *individual* entries from each institution.
- Language can be English/Hindi/ Punjabi for presentation.

### **RANGOLI**

*One must choose colours wisely!*

- Maximum four team entries (i.e. 1-3 members in each team) from each institution are allowed.
- Theme will be provided on the spot.
- Maximum size is 25x25 inches will be made available for preparing Rangoli.
- Only Dry material is allowed.
- Participants have to bring their own material (Pulses, Saw Dust, Colours, Pebbles, Flowers or any decorative material)
- Time allowed is 90 minutes.

### **ESSAY WRITING**

*Writing is easy when you learn deleting wrong expressions!*

- Maximum four individual entries from each institution. Every entry will be considered individually.
- Theme will be provided on the spot.
- The participants can use any of the three languages i.e. (English or Punjabi or Hindi).
- Duration will not be more than **half an hour**.  
Words Limit: 250-500

### **INQUIZITIVE (QUIZ)**

*Ask answers for raising your questions!*

- One team per institution comprising three participants each is allowed.
- There will be different rounds viz. Current Affairs, general science, Know the people, technology of daily life, Advertisements, Music etc
- There will be maximum 3 finalists. Screening will be done through **written prelims**.
- More rules will be shared on the spot.

### **ON THE SPOT CAMERA CLICKS**

*I photograph what I can't write!*

- Bring a digital camera or a smartphone with a nice camera with you. Each entry will be evaluated individually.
- The theme will be announced on the spot. Each contestant will submit three images for consideration.
- Each institution is limited to four participants.

### **FOOD WITHOUT FIRE (SALAD COMPETITION)**

*Good food is a good mood!*

- Three teams with maximum of 3 students in each team are allowed.
- Students will bring their own material
- Theme will be of participants' choice
- Time allowed 90 minutes.

### **POWER TALK (POWER POINT PRESENTATIONS)**

*Words and ideas make a better recipe!*

- Utilization of Power Point It is necessary to present your work.
- "Wars Vs Mankind" or "Social Media & Family Life" will be the main focus of the presentation. The student, on the other hand, is free to select any sub-theme from the large range.
- The time limit is 4-6 minutes.
- The topic can be presented in any language by the participant (English, Punjabi or Hindi).
- The participant will provide his or her own soft copy of the presentation..
- Participants will be evaluated on their content, PPT design, presentation style, and confidence. Students can use the paper in conjunction with the presentation.
- Participation is limited to three individual participants.

### **CASE BASED GROUP DISCUSSION**

*Together, we don't win an argument, rather we avoid it!*

- A case study/write-up/paragraph will be provided for 30 minutes of reading.
- On the basis of the case study, a 10-minute group discussion will be undertaken.
- Spontaneity and strength of ideas will all be included in the evaluation.
- Each school may submit a maximum of three individual participants.
- English, Punjabi, or Hindi are the three languages available.

### **WASTE IS NOTHING**

*Creative ideas turn waste into usage!*

- Maximum two entries (3 members per team) per institution are allowed.

- Any item can be made from waste material on the spot.
- Participants must bring their own required material.
- Time allowed is one and half hour.

## PARTICIPATION DETAILS

NAME OF THE PARTICIPATING SCHOOL : .....

ADDRESS OF THE SCHOOL : .....

CONTACT NO. OF ACTIVITY IN-CHARGE : .....

CONTACT NUMBER OF PRINCIPAL : .....

We are confirming the participation of following events:

EVENT	NO. OF PARTICIPANTS/ ACCOMPANIST	NAME OF THE PARTICIPANTS
HANDWRITING		
DASTAR - E- SHAAN (Turban Tying)		
ONE PICTURE-MY STORY		
EXTEMPORE'		
POSTER MAKING		
CARTOONING		
MEHNDI		
FACE PAINTING		
FOLK SONG (SOLO)		
DANCING (SOLO)		
GROUP DANCE		
BEAUTY OF NATURE (FLOWER ARRANGEMENT)		
WORKING MODEL DISPLAY		
YOUNG RESEARCHERS (PAPER READING CONTEST)		
RANGOLI		
ESSAY WRITING		
INQUIZITIVE (QUIZ)		
ON THE SPOT CAMERA CLICKS		
FOOD WITHOUT FIRE (SALAD COMPETITION)		
POWER TALK (POWER POINT PRESENTATIONS)		
CASE BASED GROUP DISCUSSION		
WASTE IS NOTHING		

PRINCIPAL'S SIGNATURE

## Schedule of events

**14 OCTOBER 2022, FRIDAY**

EVENT	Venue	In-Charge	Timings
HANDWRITING	Room No. 7	Dr Gurmeet Singh	10 am onwards
		Prof. Navjit Singh	
DASTAR – E- SHAAN (Turban Tying)	Lawn near Fountain	Prof Inderjit Singh (Phy Edu)	10 am onwards
		Prof Taizinder Singh	
ONE PICTURE-MY STORY	Room No. 8	Dr. Rajwant Singh	10 am onwards
		Prof Harpreet Kaur	
EXTEMPORE'	Room No. 9	Prof Shelka	10 am onwards
POSTER MAKING	Library	Prof. Vishwapreet Kaur	10 am onwards
		Prof Anchal	
CARTOONING	Library	Prof. Gurpreet Kaur Comp.Sc.	10 am onwards
		Prof. Jagpreet aur	
MEHNDI	Lawn Near Pharmacy	Prof. Taranjeet Kaur	10 am onwards
		Prof Hardeep Kaur	
FACE PAINTING	Preparation Room No.	Prof. Jasbinder Kaur	10 am onwards
	Display on Main Stage	Prof. Amritpal Singh	
FOLK SONG (SOLO)	Main stage	Dr Rajesh Kumar	10 am onwards
		Prof. Dalvir Kaur	
DANCING (SOLO)	Main Stage	Prof. Shikha Jain	10 am onwards
		Prof. Navjot Singh	
GROUP DANCE	Main Stage	Dr Avneet Kaur	10 am onwards
		Prof. Bohar Singh	
BEAUTY OF NATURE (FLOWER ARRANGEMENT)	Lawns	Dr. Vaneet Dhir	10 am onwards
		Prof. Nisha Rani	
WORKING MODEL DISPLAY	Department of Physics Corridors	Prof. Parveen Ansari	10 am onwards
		Prof Varsha	
YOUNG RESEARCHERS (PAPER READING CONTEST)	Seminar Hall	Prof. Gurpreet Kaur Dr Baljit Singh	10 am onwards
RANGOLI	First Floor Corridor	Prof. Shubhra	10 am onwards
		Prof Preety Saini	
ESSAY WRITING	Room No.	Dr. Jatinder Kaur Gulati Prof Harmanpreet Kaur	10 am onwards
INQUIZITIVE (QUIZ)	Room No. 23	Prof Sheetal	10 am onwards
ON THE SPOT CAMERA	Department of	Prof. Tarsem Singh	10 am



CLICKS	Computers	Prof Rajdeep Kaur	onwards
FOOD WITHOUT FIRE (SALAD COMPETITION)	Food Processing Lab	Prof. Manmeet Kaur	10 am onwards
		Prof. Sharanjit Kaur	
POWER TALK (POWER POINT PRESENTATIONS)	Room No.	Dr. Sohan Singh	10 am onwards
		Dr Umrinderpal Singh	
CASE BASED GROUP DISCUSSION	Department of Commerce	Dr.Anubhuti Modgil	10 am onwards
	Room No. 315	Prof Priyanka Singla	
WASTE IS NOTHING	Department of Chemistry corridor	Dr Manpreet Kaur	10 am onwards
		Prof Arshdeep Kaur	

**Selective photographs will be uploaded on College Facebook Page**



# LAMP LIGHTING CEREMONY





# TURBAN TYING COMPETITION













# CULTURAL DANCE





# DANCE COMPETITION









# POSTER MAKING COMPETITION



# WASTE IS NOTHING





# FOOD WITHOUT FIRE





# MEHNDI

